



# UNBOUND

**When:** Mondays

Jan. 23, 30; Feb. 6, 13, 27

March 6, 13, 20, 27

**Time:** 4:00 to 5:30p

**Where:** Star of the Sea Parish Office

**Fee:** \$15, Workbook Included - Pay at Session

**Contact:** Cheryl Mazzara

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## Our Lady Star of the Sea

“The human soul is the battleground between God and Satan.” – St. Padre Pio

Unbound is Christ-centered healing. The process includes 8 weeks of spiritual formation through scripture, DVD presentations and daily personal reflections.

“It’s truly life changing”

-Star of the Sea participant

The Holy Spirit will gently lead us to recognize areas of our lives where we are wounded spiritually or bound by patterns of sinful behavior. These are often obstacles to our relationship with God, ourselves and other people. A central goal of the process is to discover the original narrative of our lives, that we were created to be loved by God the Father and to renounce the lies in our life through the power of Jesus’ saving grace.

At the end of the 8 weeks, each participant will have the opportunity to receive UNBOUND healing prayer.

God desires to heal us in order to bring us closer to Him.

Receive Prayer week of April 2

[www.olsos.org](http://www.olsos.org) | [www.heartofthefather.com](http://www.heartofthefather.com)